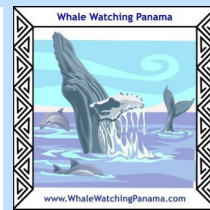


Gifts from the Gray Whales Retreat 2019 Itinerary



Linda and Anne are so excited to be able to share the friendly Gray whales of San Ignacio lagoon in Baja Mexico with you. With our optional Blue whale tour and swim with the playful sea lions.

Thursday, March 15 Arrival day in Loreto, Mexico

12:10 pm Arrive by air in Loreto, Mexico.
12:30 pm Transfer to Hotel Oasis and check into your room with a waterfront and beach access room.
The rest of the day is free to settle in and explore the cute little town of Loreto.
6: 00 pm Dinner as a group.
7:30 pm Evening gathering to get to know each other and Meditation and Communication with the whales led by Linda and Anne.



Friday, March 16 Optional Blue Whale tour or Arrival day

6:45 am We will meet for an early breakfast and then walk to the marina for a 7:30 am departure. We will spend from 7:30 am to 2:30 pm on the boat observing the giant Blue whales. We can stop at a nearby island for a picnic lunch.
2:30 pm return to marina. Afternoon free.
Dinner is on your own.



Saturday, March 17 Travel from Loreto to San Ignacio Town

7:00 am Breakfast at the hotel
9:00 am Drive (4-5 hour drive) from Loreto to San Ignacio town.
2:00 pm Arrive in San Ignacio town and check into hotel
2:30 pm Free time to explore the town
Dinner is on your own.



Sunday, March 18 First day with the Gray whales

7:00 am Breakfast at the hotel
8:00 am Drive out to our Eco-camp on San Ignacio lagoon.
9:00 am arrive at our Whale camp! Orientation and settle in your cabaña.
10:30 am We will head out to meet the Gray whales.
12:30 pm return to camp and Lunch
2:00 pm Go out to see the Gray whales again!
4:00 pm return to camp. Free time until dinner
6:00 pm Dinner as a group
7:30 pm Linda and Anne will lead a guided meditation or teaching to help you connect on a deep spiritual level with the Gray whales.



Monday, March 19 Second day with the Gray whales

7:30 am Breakfast at the camp
9:00 am Board the pangas to see the Gray whales.
11:00 am Return to camp. Free time until lunch.
12:00 pm Lunch at camp.
1:30 pm Go back out to spend more time with the Gray whales.
3:30 pm Return to camp. Free time until dinner.
6:00 pm Dinner at camp.
7:30 pm Linda and Anne will share spiritual insights into Gray whale wisdom with a focus on forgiveness.



Tuesday, March 20 Third day with the Gray whales

7:30 am Breakfast at the camp
8:30 am Board the pangas to see the Gray whales.
10:30 am Visit a nearby camp for a rest, bathroom break and snack.
11:30 am Back out for a bonus mid-day visit with the Gray whales.
1:30 pm Return to camp and go right to Lunch.
2:30 pm Go back out for our last visit with the Gray whales.
4:30 pm Return to camp. Free time until dinner.
6:00 pm Dinner at camp.
7:30 pm Linda and Anne will hold a sharing circle and close our time with the Gray whales.



Wednesday, March 21 Travel to Loreto

7:00 am Breakfast at camp
8:00 am Say our goodbyes to our new friends, the staff and guides at camp and pack up the vans to drive to San Ignacio town.
9:00 am Arrive in San Ignacio town. We will make a brief stop to visit our camp office and gift shop, use the bathroom.
10:00 am Drive back to Loreto
3:00 pm Arrive in Loreto and check back into the Hotel Oasis
3:30 pm Closing ceremony
6:30 pm Dinner as a group on the patio at Hotel Oasis



Thursday, March 22 Departure day home or Sea lion swim option

8:00 am Breakfast at hotel.
9:00 am Depart for Swim with Sea Lions tour.
11:00 am check out of hotel and head to airport if flying home.
2:00 pm return from Sea Lion swim, afternoon free
6:00 pm Final dinner as a group.



Friday, March 23 Departure day

8:00 am Breakfast at hotel.
9:00 am Morning free
10:15 am Check out of hotel
10:45 am Drive to Loreto Airport
11:15 am Check in for flight to LAX
3:25 pm Arrive at LAX
4:00 pm Say our final goodbyes to our tripmates. Travel home with your hearts and minds filled with the gifts and warm memories of your time with the Gray and Blue whales and Sea Lions of Mexico.



Note: All boat trip departure times are weather dependent.



Contact us with any questions about this trip:

**Anne Gordon de Barrigón Anne@WhaleWatchingPanama.com
Linda Johns JourneytoHealing@msn.com**

